

## Charter for Keeping Safe





Anticle 1

We have the right to be protected from being hurt or badly treated

Governments must do all they can to ensure that children are protected from all forms of violence, abuse, neglect and bad treatment by their parents or anyone else who looks after them.

## Children will:

- o Tell an adult if I don't feel safe
- Share how I feel
- Know what my rights are
- Use tools carefully
- o Climb safely
- · Walk inside

## Adults, as duty, bearers will:

- Talk to children about their right to be protected
- Develop relationships through our Key Person system
- Create a culture where all our children feel secure, valued and listened to
- Encourage self-esteem and self-assertiveness
- Teach vocabulary to name emotions and modelling our own emotions
- Use group friends puppets to address particular issues
- Use NSPCC PANTS and Internet safety resources with children
- Use a conflict resolution approach to develop children's ability to become assertive and manage conflict between themselves
- Develop children's ability to identify and manage risk through Forest School and outdoor play
- Recognise signs and symptoms of abuse and responding quickly, appropriately and effectively to cases of suspected abuse
- Uphold our school values Respect; Security; Relationships; Inclusion; Learning; & Empowerment

## Parents and carers, as duty bearers, can:

- Talk to children about their right to be protected
- Ask children about how they are feeling
- Make time to listen to children
- Using NSPCC PANTS and Internet safety resources with children
- Modelling language of emotions eg 'I'm really excited because....' 'I'm feeling a bit sad because....'
- Support children in taking managed risks ask them to think whether something is safe
- Talk to children about what they need to do to keep safe eg hold hands and look before they cross the road