



# Forest School Curriculum

**We are a Unicef Rights Respecting School**

**The UN Convention on the Rights of the child**

**Article 24:** Every child has the right to the best possible health.

**Article 28:** Every child has the right to an education.

**Article 29:** Education must develop every child's personality, talents and abilities to the full. It must encourage the child's respect for human rights, as well as respect for their parents, their own and other cultures, and the environment.

**Article 31:** Every child has the right to relax and play.





Forest School  
Daisies  
Autumn Term

### Rules and Routines

We will learn and follow our rules of Forest School:

- We always wear waterproofs and wellingtons to keep us safe.
- We never put anything into our mouths not even our fingers (No pick, no lick)
- We walk around the outside of the fire circle.

### Communication and Language Vocabulary

Forest  
Trees  
Leaves  
Autumn  
Winter  
Squirrel

### Personal development

With help we will put on and take off our waterproof suits and wellies.

With help we will wash our hands thoroughly once we have changed and returned to class.

We will develop our movement and balance.

### Personal, Social and Emotional Development

We can explore the forest area with our family group.

### Understanding the World

We will look for autumnal and winter changes.  
We will access and experience the outdoors in all weathers.  
We will respect the natural world around us.

### Fun Activities

Mud kitchen role play  
Forest walks  
Collecting natural resources  
Natural arts and crafts  
Shelters  
Finding animals and birds linked to our stories

Daisies will access the Forest School environment in an immersive and exploratory way, taking part in activities should they wish to.



Forest School  
Daisies Spring  
Term

### Rules and Routines

We will learn and follow our rules of Forest School:

- We always wear waterproofs and wellingtons to keep us safe.
- We never put anything into our mouths not even our fingers(No pick, no lick)
- We walk around the outside of the fire circle.

### Communication and Language

We will begin to use a wider range of vocabulary to talk about what we see.

#### Vocabulary

Spring  
Flowers  
Shoots  
Growing

### Physical Development

We will put on and take off our waterproof suits and wellies more independently.

We will independently wash our hands thoroughly once we have changed and returned to class.

We will develop our awareness of navigating space.

### Personal, Social and Emotional Development

We will be able to explore with our key person nearby.

We will be able to take part in group activities.

### Understanding the World

We will observe winter and spring changes.

We will develop our own ideas when choosing materials to create.

We will begin to understand the need to respect and care for the natural environment.

### Fun Activities

Mud kitchen role play  
Shelter Building  
Role play  
Forest beast hunts  
Bird hunts  
Making bird feeders  
Making dancing sticks  
Natural crafts

Daisies will access the Forest School environment in an immersive and exploratory way, taking part in activities should they wish to.



Forest School  
Daisies  
Summer Term

### Rules and Routines

We will learn and follow our rules of Forest School:

- We always wear waterproofs and wellingtons to keep us safe.
- We never put anything into our mouths not even our fingers (No pick, no lick)
- We walk around the outside of the fire circle.

### Communication and Language

We can use words to describe what we see and what we would like to do.

#### Vocabulary

Summer  
Flowers  
Sunshine  
Bugs  
Butterflies

### Physical Development

We will put on and take off our waterproof suits and wellies by ourselves.

We will independently wash our hands thoroughly once we have changed and returned to class.

We can use tools (pegs, spades, magnifying glasses) more independently.

### Personal, Social and Emotional Development

We will be able to explore with our key person nearby.

We will be able to take part in group activities.  
We can work together to play in the different areas of forest school.

### Understanding the World

We will observe spring and summer changes.  
We can find the resources that we would like to use in our play.  
We begin to understand how living things grow and change. (Butterflies)

### Fun Activities

Bug hunting  
Bug hotel  
Den Building  
Butterfly life cycle  
Nature walk

Daisies will access the Forest School environment in an immersive and exploratory way, taking part in activities should they wish to.



Forest School  
Sunflowers  
Autumn Term

### **Rules and Routines**

We will learn and follow our rules of Forest School:

- We always wear waterproofs and wellingtons to keep us safe.
- We never put anything into our mouths not even our fingers (No pick, no lick)
- We walk around the outside of the fire circle.

### **Communication and Language**

We will try to ask and answer questions.

We can use new vocabulary in our own play with reminders from grown ups.

#### **Vocabulary**

Autumn  
Seasons  
Leaves  
Environment  
Habitat

### **Physical Development**

We will practise putting on and taking off our waterproof suits and wellies by ourselves. (Our grown ups will help us sometimes.)

We will independently wash our hands thoroughly once we have changed and returned to class.

We can use tools (pegs, spades, magnifying glasses) more independently.

We will develop our strength and balance and move in lots of different ways.

### **Personal, Social and Emotional Development**

We will be able to explore with our key person nearby.

We will be able to take part in group activities.

We can work together to play in the different areas of forest school.

We will explore, discover and initiate our own learning taking manageable risks.

### **Understanding the World**

We will learn about autumnal and winter changes

We will access and experience the outdoors in all weathers.

We will respect the natural world around us.

We will learn how to plant bulbs and seeds.

We will explore colour and texture in the natural world.

### **Fun Activities**

Forest exploration

Bug hunts

Physical forest school ("Leafaerobics")

Mud kitchen potion making

Shelter building

Sunflowers will access the Forest School environment through both free exploration and adult led small group sessions.



Forest School  
Sunflowers  
Spring Term

**Communication and Language**

We can ask and answer questions during group and independent learning time.

We can use new vocabulary in our own play.

**Vocabulary**

Spring  
Fire  
Fire safety  
Winter Life Cycle  
Mini Beasts  
Planting  
Sowing  
Butterfly life cycle

**Rules and Routines**

We will learn and follow our rules of Forest School:

- We always wear waterproofs and wellingtons to keep us safe.
- We never put anything into our mouths not even our fingers(No pick, no lick)
- We walk around the outside of the fire circle.

**Physical Development**

We will put on and take off our waterproof suits and wellies by ourselves.

We will independently wash our hands thoroughly once we have changed and returned to class.

We can find and use tools independently.

We will develop our strength and balance and move in lots of different ways.

**Personal, Social and Emotional Development**

We will be able to explore with our key person nearby.

We will be able to take part in group activities.

We can work together to play in the different areas of forest school.

We will explore, discover and initiate our own learning taking manageable risks.

We will start to become independent learners and not give up when we face a challenge.

We keep ourselves safe around fire.

**Understanding the World**

We will learn about winter and spring changes.

We will notice what happens to some plants and animals during winter and spring.

We will learn about life cycles of some mini beasts.

We will learn about the growth of our seeds and bulbs.

We will access and experience the outdoors in all weathers.

We will respect the natural world around us.

We learn about fire and fire safety.

**Fun Activities**

Camp fire  
Investigating new growth  
Mark making (recording and drawing our observations.  
Planting seeds and bulbs  
Bug hunt

Sunflowers will access the Forest School environment through both free exploration and adult led small group sessions.



## Forest School Sunflowers Summer Term

### Communication and Language

We can ask and answer questions during group and independent learning time.

We can use new vocabulary in our own play.

### Vocabulary

Summer  
Tools  
Lopper  
Secateurs  
Woodwork

### Rules and Routines

We will learn and follow our rules of Forest School:

- We always wear waterproofs and wellingtons to keep us safe.
- We never put anything into our mouths not even our fingers (No pick, no lick)
- We walk around the outside of the fire circle.

### Physical Development

We will put on and take off our waterproof suits and wellies by ourselves.

We will independently wash our hands thoroughly once we have changed and returned to class.

We can find and use tools independently. We learn how to use secateurs and loppers.

We will develop our strength and balance and move in lots of different ways.

### Personal, Social and Emotional Development

We will be able to explore with our key person nearby.

We will be able to take part in group activities.

We can work together to play in the different areas of forest school.

We will explore, discover and initiate our own learning taking manageable risks.

We will start to become independent learners and not give up when we face a challenge.

### Understanding the World

We will learn about summer changes and relate them to changes through the seasons. We will notice what happens to some plants and animals during summer.

We will learn about life cycles of butterflies.

We will learn how our seeds and bulbs grow into flowers and vegetables.

We will access and experience the outdoors in all weathers.

We will respect the natural world around us.

### Fun Activities

Investigating the flowers and plants that we have grown  
Woodwork using secateurs and loppers  
Willow crafts  
Bug hunts  
Den and Shelter building  
Butterfly life cycle

Sunflowers will access the Forest School environment through both free exploration and adult led small group sessions.