

Goodway Menu September 2026

Allergens- **Wheat/gluten**, Egg, Soya, **Dairy**, Mustard, Fish, Celery, Lupin, **Sesame**, Peanuts/other nuts, Molluscs & Crustaceans

	Menu	Allergens
Monday	Cream cheese on wholemeal muffins Salad sticks: Carrot, pepper and cucumber batons Greek yogurt with honey and banana	Wholemeal bread- wheat/gluten Cream cheese- dairy Greek Yogurt-dairy
Tuesday	Tuna sandwich on wholemeal bread Salad sticks: Carrot, pepper and cucumber batons Greek yogurt and strawberries (quartered)	Wholemeal bread - wheat/gluten Greek Yogurt-dairy Tuna
Wednesday	Wholemeal bread with grated cheddar cheese Salad sticks: Carrot, pepper and cucumber batons Greek Yoghurt & honey	Wholemeal bread- wheat/gluten Greek Yogurt-dairy Grated cheese- dairy
Thursday	Tuna Dip and pitta bread Salad sticks: Carrot, pepper and cucumber batons Greek yogurt with raisins	Wholemeal Pitta bread- wheat/gluten Greek Yogurt-dairy Tuna
Friday	Grated cheese and wholemeal thins Salad sticks: Carrot, pepper and cucumber batons Malt Loaf	Wholemeal thins- wheat/gluten Malt Loaf – wheat & barley Grated cheese- dairy