Ready, Steady Sunflowers!

Over the summer, get ready for nursery by..



## **Toilet Training**

By 3, children should be toilet training and able to wash their hands on their own. We are happy to support but the more time we spend changing nappies, the less time we spend teaching!

## Eating independently and sitting at a table

Children eat lunch with their key worker and they will enjoy this social time more if they are able to sit at a table, open their lunchbox and eat their healthy lunch by themselves.



## Drinking out of a cup

Encourage your child to drink out of a cup. Children are not allowed to bring bottles into nursery, we have cups of water and milk available all day for the children to drink.

## Getting dressed independently

Help your child to learn how to put their coat and shoes on and take them off by themselves.





