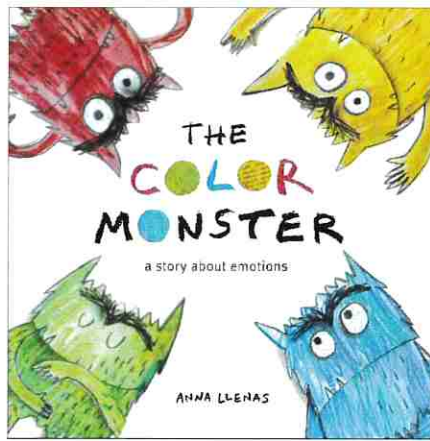


The Colour Monster Home Learning



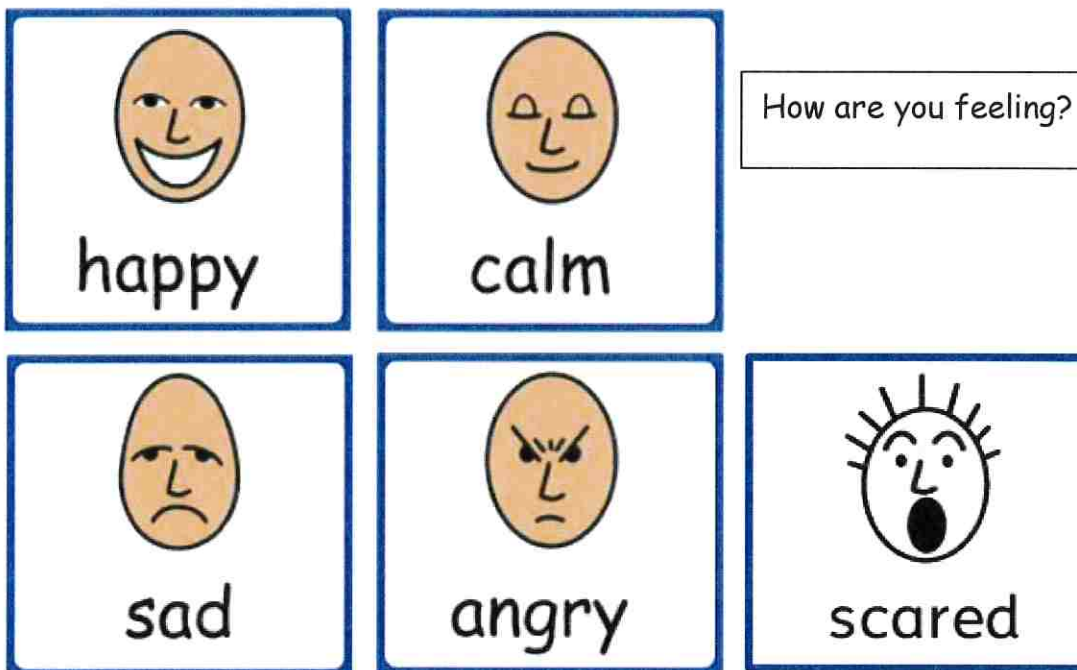
You can listen to the story here:

https://www.youtube.com/watch?time_continue=1&v=6dk7imJKV5U&embeds_referring_euri=https%3A%2F%2Fwww.bing.com%2F&embeds_referring_origin=https%3A%2F%2Fwww.bing.com&source_ve_path=Mjg2NjY

The story is about emotions. In school, we have been learning the Makaton signs for the different emotions. Click the link to this video so you can practise them at home.

[Makaton Signs - Feelings / Emotions 😊😐😞 - YouTube](#)

We have also used symbols for each emotion and practised the facial expressions. You can use these at home to help you identify and talk about how you are feeling.



Talk about what makes you feel happy or sad.

Think about things that can help you feel calm, for example, colouring a picture or building with Lego.

You could draw pictures to record your ideas.

